KINSELLA HOLLEY ISER KUMP STEINSAPIR LLP
NICHOLAS C. SOLTMAN (SBN 277418)
nsoltman@khiks.com
11766 Wilshire Boulevard, Suite 750
Los Angeles, California 90025
Telephone: 310.566.9800
Facsimile: 310.566.9850

Attorneys for Peter Spiegel, Kathleen Williams, and Ideal Living, LLC

Electronically FILED by
Superior Court of California,
County of Los Angeles
2/07/2025 5:00 PM
David W. Slayton,
Executive Officer/Clerk of Court,
By A. Boyadzhyan, Deputy Clerk

SUPERIOR COURT OF THE STATE OF CALIFORNIA

COUNTY OF LOS ANGELES, NORTHWEST DISTRICT

IDEAL LIVING, LLC, a Delaware limited liability company, PETER SPIEGEL, an individual, and KATHLEEN WILLIAMS, an individual,

Plaintiffs,

vs.

DAVID NAJAR, an individual, and DOES 1 through 10, inclusive,

Defendant.

Case No. 23VECV04262
Assigned to Hon. Valerie Salkin, Dept. U

DECLARATION OF PETER SPIEGEL IN SUPPORT OF MOTION FOR FINANCIAL DISCOVERY OF DAVID NAJAR

[Filed concurrently with Plaintiffs' Motion for Financial Discovery of David Najar; Declaration of Nicholas Soltman; and [Proposed] Order]

Date: April 17, 2025
Time: 8:30 a.m.
Dept. U

Reservation No.: 856904204574

Action Filed: September 26, 2023
Trial Date: April 21, 2025

KINSELLA HOLLEY ISER KUMP STEINSAPIR LLP
11766 WILSHIRE BOULEVARD, SUITE 750
LOS ANGELES, CALIFORNIA 90025
TEL 310.566.9800 • FAX 310.566.9850

I, Peter Spiegel, declare as follows:

1. I am a party in the above-entitled action. I have personal knowledge of the facts set forth herein, which are known by me to be true and correct, and if called as a witness, I could and would competently testify thereto.

2. I am the founder and co-CEO of Ideal Living (the "Company"), a direct-to-consumer marketing business located in Sherman Oaks, California. Co-Plaintiff Kathleen Williams is the Company's co-CEO. Products that Ideal Living has designed, manufactures, and markets include, among others, Air Doctor® air purifiers; AquaTru® water purifiers and Therabotanics® natural supplements. ldeal Living Products are sold through multiple e-commerce channels, including Amazon, Lowe's, Home Depot, and its own e-commerce sites. The Company also partners with influencers, i.e., people active on social media, to promote and drive sales to its e-commerce sites.

3. Ms. Williams and I have been practicing Hindus for over 40 years. Specifically, we are members and active supporters of an international Hindu organization which has its North American headquarters in Austin, Texas. But while we are devoted to our faith, our privately-held company has no affiliation with any religious organization, nor does it make any donations to any religious institution, except in connection with disaster and emergency relief.

4. Defendant David Najar is the boyfriend of a former Company employee, Myra Nishizaki. After graduating from high school, Nishizaki worked at Ideal Living off and on, most recently from 2019 to 2023. In late 2020, she introduced me to Najar and asked that the Company hire him in an outside sales position as a consultant. I agreed. Najar did not work out—among other reasons, he had misstated his experience in business-to-business, or B2B, sales—and about a year later the Company did not renew his appointment.

5. On February 7, 2023, I met with Nishizaki. Out of the blue, she accused me and Ms. Williams of having covered up criminal wrongdoing, the Company of issuing false financial statements, and "all of us" at Ideal Living of concealing the *true* ownership and control of the Company. Nishizaki asserted that she knew that it was actually owned and controlled by what she termed a "religious cult." Before she left the Company at the end of the week, she demanded a

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substantial severance payment tied to the overall enterprise value of the Company, a payment that she pegged in the tens of millions of dollars. While she repeatedly couched this payment as an "exit package," she said she needed an immediate answer or the Company would "collapse."

6. Less than an hour later, I was having a regularly-scheduled meeting with Helen Christoni in my office. Najar stormed into my office, accompanied by another Company employee, Jonah Shah, who was (and remains) friendly with Nishizaki. (For example, Shah accompanied Najar to the hearing on our motion for a temporary restraining order, where he testified on Najar's behalf.) While Shah blocked the door, Najar began threatening me and said that if we did not pay Nishizaki "nine figures," he and Nishizaki would carry out the extortionate demand that Nishizaki had just made. Ms. Christoni and I were so fearful for our safety that she called 911.

7. Early the next morning, Nishizaki sent an email to me and Ms. Williams (among others) demanding an "exit package" and insinuating that the alternative was being attacked by "dangerous and armed right-wing conspiracy theorists" inflamed by a "Jewish millionaire protecting a convicted pedophile [who] molested little white girls." A true and correct copy of this email is attached hereto as **Exhibit 1**. These "Pizzagate" militants, Nishizaki warned, "could not only put Peter and Katie's lives at risk but also employees of the company." (*Id.*) Unnerved by the threats, we reported them to the police that same day. A true and correct copy of the police report we filed is attached hereto as **Exhibit 2**.

8. In September 2023, Nishizaki finally filed her long-threatened wrongful termination lawsuit against Ideal Living. Shortly after a call between the lawyers in that action, we began to receive literally *hundreds* of harassing emails, most of which arrived in the two weeks preceding the Complaint in this Action.

9. The gist of the threats was ever and always the same: The sender(s) would falsely accuse me and Ms. Williams of running a secret Hindu "cult" that preys on young women and girls and of assisting a clergyman with fleeing the country after his conviction (and before his sentencing) for sex crimes. Only the precise mechanism of the threats ever changed. Sometimes, the sender(s) threatened to go to law enforcement: the FBI, the LAPD, the U.S. Marshals, the

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Texas Rangers. (A true and correct copy of one such email is attached hereto as **Exhibit 3**.) Other times, the sender(s) threatened to go investigative reporters: e.g., Ronan Farrow, Eric Dexheimer. (True and correct copies of two such emails are attached hereto as **Exhibits 4 and 5**.) Still other times, the sender(s) teased specific lawyers: John Manly, Gloria Allred, etc. (A true and correct copy of one such email is attached hereto as **Exhibit 6**.) The only way to prevent this, they said, was for Plaintiffs to pay up in return for an NDA. (True and correct copies of two such emails are attached as **Exhibit 3 and 7**.)

10. On September 19, 2023, Najar eliminated any shred of doubt that he was behind the "anonymous" emails and texts. Shortly after 8 pm, he left a voicemail identifying himself as "David" and stating (1) "I saw that uh things are going well in the, *in your backyard*, in the compound as I like to call it"; (2) "I'm not threatening you at all. I'm your friend, I think you're great [snickering]"; (3) "You have until tomorrow, and I have everything set up"; (4) "I'm going to call David Asprey[1] … I'm sure it'll be fine; all your influencers should be fine with what you've done in the past"; (5) "we have also found some new things Peter, some really, really bad new things and … I'm not threatening you there just appear to be facts so we're just gonna turn them over to the authorities"; and (6) "Peter, give me a call back because at tomorrow at 3:00 o'clock, I'm, I have an appointment and that'll be it." A true and correct copy of the transcript of that voicemail, which I had prepared, is attached hereto as **Exhibit 8**. I can also have a thumb drive containing the voicemail lodged with the Court.

11. Minutes later, Najar (whose phone number was saved in my contacts from his time as a contractor at the Company) texted me, "hi friend, check your voice messages. *i'm here. i see you*." When I did not respond, he then texted me, "uncle?" A true and correct copy of the text exchange is reflected below:

[1] Dave Asprey is a well-known health and fitness advocate and the founder of Bulletproof Coffee and Upgrade Labs. Asprey has promoted Ideal Living's products.

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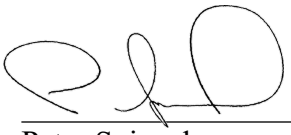
12. On September 26, 2023, Plaintiffs filed a request for a restraining order against Najar. That hearing took place over four days between October 2023 and January 2024, and involved the direct and cross-examinations of, among others, myself, Ms. Williams, Najar, and Shah.

13. Since Judge Moskowitz granted our motion for a restraining order, I have not received any more threatening anonymous emails or texts.

14. From September 2023 through late January 2024, Ideal Living incurred over $25,500 in personal security expenses to Pinkerton and over $142,000 in personal security expenses to Black Box Security at my home and our offices. I then personally spent nearly $35,000 on personal security until I installed a hard-wired security system with remote monitoring in March 2024. The total cost to install that security system was $80,000. Finally, I have spent $30,250 to date on those live monitoring services. All told, then, the Company and I have spent just under $313,000 on security, a category of expense I had ever deemed necessary until the threats from Najar began. Notably, this figure does not include the six-figure sum incurred in legal fees in connection with the four-day restraining order proceeding.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

Executed on this 7th day of February, 2025, at Los Angeles, California.



Peter Spiegel

KINSELLA HOLLEY ISER KUMP STEINSAPIR LLP
11766 WILSHIRE BOULEVARD, SUITE 750
LOS ANGELES, CALIFORNIA 90025
TEL 310.566.9800 • FAX 310.566.9850

EXHIBIT 1

092623

From: Myra Nishizaki <mnishizaki@idealliving.com>
Date: Wednesday, February 8, 2023 at 4:56 AM
To: Carlton Newsome <cnewsome@idealliving.com>
Cc: Myra Nishizaki <myra.nishizaki@gmail.com>, Peter Spiegel <peter@idealliving.com>, Katie Williams <katiew@idealliving.com>
Subject: Urgent: Formal complaint of false, misleading, and fraudulent misrepresentation

Hello Carlton,

I am writing to ensure that human resources is fully informed of the concern I raised to Peter Spiegel, my supervisor, yesterday, on Tuesday, February 7, in a 12:30 pm meeting with him conducted in the South conference room.

I was hired under a false, misleading, and fraudulent misrepresentation of the company's owners and what the company helps fund. I conveyed that I had recently discovered extensive information online that details how the non-profit organization and temple that Peter and Katie run (currently Radha Madhav Dham, ~~but previously known as Barsana Dham) is a cult under the guise of Hinduism that~~ has perpetrated extensive and systemic child molestation and rape by two gurus. I do not use the term 'cult' lightly. It has been described in depth in various articles, videos, and a book as a destructive sex cult and even has a website with a group of former members who share their experiences. I've included some here for reference (Prakashanand Saraswati, The Fugitive Guru of Barsana Dham, Barsana Dham: Local Hindus React to the Arrest of Their Spiritual Leader, Sex, Lies, and Two Hindu Gurus — How I Was Lured into a Sex Cult—and Escaped), but there are numerous links to articles, court documents, and victim testimonials available online.

I am alarmed that Ideal Living is involved with and/or financially supports such an organization. I communicated that while I'm not quitting, I feel it impossible to continue work under such conditions after knowing this information. The brands I worked on contribute to more than a majority of the company's revenue, which is helping enrich them and the many employees at the company who are also members of their temple. If I had known the role Peter Spiegel and Katie Williams had played in this extensive cult and how intertwined it was with the company, I would not have chosen to take this position during my three different stints (Ideal Living and Sylmark), but most definitely not back in 2019 when I most recently returned to the company.

We also addressed the trial and conviction of Prakashanand Saraswati, or Swamiji, for whom Peter paid $1 million bail and put up a $10 million bond to guarantee the swami's return during the trial. Unfortunately, on the day of sentencing, the swami fled the country. While Peter denied knowing anything about the swami leaving the We also addressed the trial and conviction of Prakashanand Saraswati, or Swamiji, for whom Peter paid $1 million bail and put up a $10 million bond to guarantee the swami's return during the trial. Unfortunately, on the day of sentencing, the swami fled the country. While Peter denied knowing anything about the swami leaving the

country, which I do not personally believe based on what I have read and what I know of Peter's devotion to this man, he said that he cut ties with this man after that. Unfortunately, he failed to tell me that the guru that replaced Swamiji was Maharajji Kripalu, who had an even more troubling and extensive history of sexual assault and rape allegations.

I am also extremely uncomfortable with the fact that members of their temple/ashram are employees of the company, including Allison Conn-Caffaro, who is reported to have been the person who helped the fugitive Swami flee to Mexico on his way to India to avoid serving his sentencing of 280 years in prison for 20 counts of indecency with a child by sexual contact. While I was previously aware that Katie and Peter were members of the organization, I was completely unaware of the misdeeds of the ashram. Additionally, now that I am aware, I am also highly uncomfortable with the financial ties between the company and its organization. Peter and Katie contribute their personal funds to the organization, but they also employ multiple ashram members at the company and rent housing to them on property they own. There are also reports of how the infomercials made under Sylmark similarly funded the temple when I was employed there. I saw a reference to an off-shore bank account during my time as Peter's assistant.

I'm also confused by the fact that after I had expressed my distress that he and Katie had ruined people's lives, including children, by perpetrating evil at such a scale that, he brought up that he "took a risk" by hiring me when I was looking for a job back in 2019 and he "kept promoting me because I was doing a good job" but that he "created that path for me." I want to be clear that I was hired as a special projects manager to help with various projects, like assisting him with live podcasts and launching a Kickstarter campaign. I'm not clear how that was a risk, as I had been his personal assistant, receptionist, office manager, and project manager (at one point, all at once) for almost four years before 2019. Peter approached me three months into my position to communicate that he and Katie felt that they trusted me to take over the two largest brands at the company, taking it away from Marybeth Irwin, one of the company's most experienced marketing employees. I am bewildered about this perceived risk and how it responds to my concerns.

I'm also perplexed that Peter asked me if I was trying to blackmail him when he asked for a number that would make sense for my exit package and when I was simply in the process of providing him with initial context for my thinking behind the value. To my understanding, compensatory packages are standard upon separation. I did not end up providing a number and instead allowed him to consider everything when putting together my exit package.

Additionally, from a business perspective, I was shocked that this information is publicly available and puts the company and its employees at risk daily. This information could instantly and virally spread like wildfire amongst our influencers, which drive most of the company's sales. They could all decide to stop selling overnight, bringing our sales to a halt. Additionally, the optics of a "Jewish millionaire protecting a convicted pedophile that molested little white girls in a non-Christian religious organization in Texas" could attract dangerous and armed right-

wing conspiracy theorists that could not only put Peter and Katie's lives at risk but also employees of the company. The Pizzagate scandal is proof of it.

Lastly, I have additional concerns that Peter was discussing this issue alone with Helen Christoni in his office at around 2:15 pm on Tuesday, February 7, just about an hour after I had met with him. I'm concerned about why he would be discussing confidential information with the VP of Business Development and Brand Partnerships at all, especially without a human resource team member present. Existing employee Jonah Aglubat and independent contracted worker David Najar went to speak to Peter about this topic. They knocked on his door, after which they were permitted entry, where they found Peter and Helen meeting. I am also disturbed by the fact that Helen acted as if she didn't know who David was when she has been on multiple zoom meetings with him and is fully aware he is my partner as she and I have been work and personal friends for many, many years. Even after he stated that he was "David, Myra's partner," she continued to call him "sir" and then called security and claimed he was attacking them when that was categorically false. Jonah Aglubat was present.

Peter suggested that we can work on an exit plan, and my legal representatives and I would like to continue to move forward with that as quickly as possible. Jonah and Emilio are also fully aware of this information, and they and their representatives will communicate with you directly on their behalf. I knew them personally and brought them into the company, not knowing any of this information, which I would NEVER have done were I informed of this before my hire. Both have received high marks and praise from their managers and the rest of the company since their hire.

Upon reading it, please confirm receipt of this email to ensure that you have received it. I will also be slacking you this letter to ensure you received it.

Sincerely,

Myra Nishizaki | Senior Brand Manager

14724 Ventura Blvd. Suite 200
Sherman Oaks, CA 91403
O: 818.217.2555

092623

23VER001608

Myra Nishizaki | Senior Brand Manager

14724 Ventura Blvd. Suite 200
Sherman Oaks, CA 91403
O: 818.217.2555

EXHIBIT 2

092623

Page 1 of 3 03.01.00 (05/2021)

Los Angeles Police Department INVESTIGATIVE REPORT

UCR CODE: 940 CC:

☐ COMBINED EVID. REPORT
☐ MULTIPLE DRS ON THIS REPORT

REPORT OF: ATTEMPT EXTORTION

INVEST DIV: VNYS | INC #: 230208000004 | DR #: 554-230905485

CASE SCREENING FACTOR(S)

- ☐ SUSPECT/VEHICLE NOT SEEN
- ☒ PRINTS OR OTHER EVIDENCE NOT PRESENT
- ☒ MO NOT DISTINCT
- ☒ PROPERTY LOSS LESS THAN $5,000
- ☒ NO SERIOUS INJURY TO VICTIM
- ☒ ONLY ONE VICTIM INVOLVED

PREMISES (SPECIFIC TYPE): BUSINESS. ☐ ATM: N

VICTIM

LAST NAME, FIRST, MIDDLE (OR NAME OF BUSINESS)	SEX	DESC	HT	WT	AGE	DOB
SPIEGEL, PETER	M	O	508	150	69	9/1/53

ADDRESS R - — ZIP — PHONE 323 404-0300 X ☒
B - 14724 VENTURA BLVD STE 200 — 818 217 2508 ☐
E-MAIL ADDRESS — CELL PHONE —

DR. LIC. NO. (IF NONE, OTHER ID & NO.): B4776354 — FOREIGN LANGUAGE SPOKEN: NONE — OCCUPATION: BUSINESS

ENTRY 459/BFV POINT OF ENTRY — POINT OF EXIT
☐ FRONT ☐ REAR ☐ SIDE ☐ ROOF ☐ FLOOR ☐ OTHER
METHOD
INSTRUMENT/TOOL USED

LOCATION OF OCCURRENCE — SAME AS V'S ☐ RES. ☒ BUS. — R.D. 0984 — PRINTS BY PREL. INV. ATTEMPT ☐ Y ☒ N; OBTAINED ☐ Y ☒ N

DATE & TIME OF OCCURRENCE: 2/7/23 1230 — DATE & TIME REPORTED TO PD: 2/8/23 2150

TYPE PROPERTY STOLEN/LOST/DAMAGED ☐ 03.04.00 GIVEN: NONE — STOLEN/LOST $ — — RECOVERED $ — — EST. DAMAGED ARSON / VAND. $ —

VICT'S VEH. (IF INVOLVED) YEAR, MAKE, TYPE, COLOR, LIC. NO.: NONE

NOTIFICATION(S) (PERSON & DIVISION): DETCHMEN # 31717 — CONNECTED REPORT(S) (TYPE & DR #): NONE

MO IF LONG FORM, LIST UNIQUE ACTIONS. IF SHORT FORM, DESCRIBE SUSPECT'S ACTIONS IN BRIEF PHRASES, INCLUDING WEAPON USED. DO NOT REPEAT ABOVE INFO BUT CLARIFY REPORT AS NECESSARY. IF ANY OF THE MISSING ITEMS ARE POTENTIALLY IDENTIFIABLE, ITEMIZE AND DESCRIBE ALL ITEMS MISSING IN THIS INCIDENT IN THE NARRATIVE.

SUSPS CONFRONTED VICTIM AND THREATENED TO RELEASE INFORMATION ABOUT THE VICTIM THAT WOULD REFLECT ON HIM NEGATIVELY UNLESS VICTIM PAID THE SUSPS MONEY.

TRANSIT-RELATED INCIDENT ☐ — MANDATORY MARSY'S RIGHTS CARD PROVIDED TO THE VICTIM ☒ — MOTIVATED BY HATRED/PREJUDICE ☐ — DOMESTIC VIOLENCE ☐

REPORTING EMPLOYEE(S)

INITIALS, LAST NAME	SERIAL NO.	DIV./DETAIL
TORAL	414739	VNYS
PARSONS	395446	9A5

PERSON REPORTING (X) — SIGNATURE — OR RECEIVED BY PHONE ☐

NOTE: IF SHORT FORM AND VICTIM/PR ARE NOT THE SAME, ENTER PR INFORMATION IN INVOLVED PERSONS SECTION.

Complete below sections if any CASE SCREENING FACTOR(S) boxes are not checked.

SUSP'S VEHICLE — YEAR — MAKE PNS — MODEL — TYPE — INTERIOR COLOR:
COLOR(S) — VEH. LIC. NO. — STATE — ☐ 1 BUCKET SEATS ☐ 2 DAMAGED INSIDE

EXTERIOR: ☐ 1 CUSTOM WHEELS ☐ 2 PAINTED INSCRIPT ☐ 3 LEVEL ALTERED ☐ 4 RUST/PRIMER ☐ 5 CUSTOM PAINT ☐ 6 VINYL TOP
BODY: ☐ 1 DAMAGE ☐ 2 MODIFIED ☐ 3 STICKER ☐ 4 LEFT ☐ 5 RIGHT ☐ 6 FRONT ☐ 7 REAR
WINDOWS: ☐ 1 DAMAGE ☐ 2 CUST. ☐ 3 CURTAINS ☐ 4 LEFT ☐ 5 RIGHT ☐ 6 FRONT ☐ 7 REAR

	SEX	DESC	HAIR	EYES	HEIGHT	WEIGHT	AGE	CLOTHING	NAME, ADDRESS, DOB, IF KNOWN; NAME, BKG. NO., CHARGE, IF ARRESTED
S-1	F	O	BLK	BRO	507	125	35	NISHIZAKI, MYRA	2255 GRAND AVE #1908 LA, CA 12/2/88

S-1 PERSONAL ODDITIES (UNUSUAL FEATURES, SCARS, TATTOOS, ETC.): NONE — WEAPON (VERBAL THREATS, BODILY FORCE, SIMULATED GUN, ETC. IF KNIFE OR GUN, DESCRIBE FULLY.): VERBAL

	SEX	DESC	HAIR	EYES	HEIGHT	WEIGHT	AGE	CLOTHING	NAME, ADDRESS, DOB, IF KNOWN; NAME, BKG. NO., CHARGE, IF ARRESTED
S-2	M	W	BLK	BRO	509	160	52	MAJAR, DAVID	2255 GRAND AVE #1908 LA, CA

S-2 PERSONAL ODDITIES (UNUSUAL FEATURES, SCARS, TATTOOS, ETC.): NONE — WEAPON (VERBAL THREATS, BODILY FORCE, SIMULATED GUN, ETC. IF KNIFE OR GUN, DESCRIBE FULLY.): VERBAL

INVOLVED PERSON(S) W - WITNESS; R - PERSON RPTG.; S - PERSON SECURING (459); D - PERSON DISCOVERING (459); P - PARENT; CP - CONTACT PERSON (DOMESTIC VIOLENCE)

NAME — SEX — DESC — DOB — ADDRESS R - — CITY — ZIP — PHONE
DR. LIC. NO. (IF NONE, LIST OTHER ID & NO.) — FOREIGN LANGUAGE SPOKEN — B - — E-MAIL ADDRESS — CELL PHONE

NAME — SEX — DESC — DOB — ADDRESS R - — CITY — ZIP — PHONE
DR. LIC. NO. (IF NONE, LIST OTHER ID & NO.) — FOREIGN LANGUAGE SPOKEN — B - — E-MAIL ADDRESS — CELL PHONE

NAME — SEX — DESC — DOB — ADDRESS R - — CITY — ZIP — PHONE
DR. LIC. NO. (IF NONE, LIST OTHER ID & NO.) — FOREIGN LANGUAGE SPOKEN — B - — E-MAIL ADDRESS — CELL PHONE

COMBINED EVID. RPT. USE THIS SECTION IN LIEU OF PROPERTY REPORT IF NO GUN AND NO MORE THAN THREE ITEMS OF EVIDENCE. — LOC. EVID. BKD. — 10.10.00 GIVEN? ☐ Y ☒ N

ITEM	QUAN.	ARTICLE	SERIAL NO.	BRAND/DRUG WEIGHT, UNITS	MODEL NO.	MISC.

NARRATIVE USE THE FOLLOWING HEADINGS TO DOCUMENT ALL INFORMATION REGARDING THE INVESTIGATION: ADDITIONAL PERSONS INVOLVED (separated by type); SOURCE OF ACTIVITY; INVESTIGATION; ARREST; INJURY/MEDICAL TREATMENT; PHOTOS, RECORDINGS, VIDEOS, DICV, BWV, AND DIGITAL IMAGING; BOOKING; EVIDENCE; CANVASSING, ADDITIONAL; COLLISION SUMMARY; PROPERTY STOLEN/LOST/RECOVERED/DAMAGED; AND COURT INFORMATION. NOTE: ANY OF THESE HEADINGS MAY BE OMITTED IF NOT APPLICABLE. SEE GENERAL REPORTING INSTRUCTIONS- FIELD NOTEBOOK DIVIDER, FORM 18.30.00, AND INVESTIGATIVE REPORT-FIELD NOTEBOOK DIVIDER, FORM 18.30.01, FOR FURTHER INFO.

VICTIM INDEMNIFICATION INFORMATION (IF APPLICABLE) — IS ANY OF THE VICTIM'S PROPERTY MARKED WITH AN OWNER APPLIED IDENTIFICATION NUMBER? YES ☐ NO ☒ IF YES, EXPLAIN IN NARRATIVE.

APPROVAL AND REVIEW — SUPERVISOR APPROVING — SERIAL NO. — DIVISION — DETECTIVE SUPERVISOR REVIEWING — SERIAL NO.
DATE & TIME REPRODUCED: 02/09/23 — CLERK: 1255 N/65999 — DIVISION — CATEGORY

TRANSIT SERVICES BUREAU ☐ — SECURITY SERVICES DIV ☐ — CTSOB MAJOR CRIMES ☐ — SHOTS FIRED ☐ — USE OF FORCE ☐ — NARCOTICS STOLEN-GND ☐ — GND/GIT ☐ — FIREARM STOLEN/LOST - DSVD & R&I CRIME PROPERTY TT SUPVR ☐ — CHILD ABUSE JUVENILE DIV ☐ — EXTRA COPIES ___

23VER001608

CONTINUATION SHEET

Los Angeles Police Department

PAGE NO.	TYPE OF REPORT	BOOKING NO.	DR NO.
2/~~15~~3	Attempted Extortion		230905485

ITEM NO.	QUAN	ARTICLE	SERIAL NO	BRAND	MODEL NO.	MISC DESCRIPTION (EG. COLOR, SIZE, INSCRIPTIONS, CALIBER, REVOLVER, ETC)	DOLLAR VALUE

Source of Activity

On Thursday February 8, 2023 at approximately 2140 hours my partner Officer Torres (#44739) and I Officer Parsons (#39566) were working Van Nuys Division Patrol assigned unit 9A5. We were driving a marked black and white police vehicle and dressed in full police uniform. We were flagged down in the area of Delano Street and Tyrone Ave (Incident #230208004554).

Investigation

We met with Peter Spiegel (Victim) who was trying to make a report for an incident regarding an employee of his. Spiegel stated to us that he owns a company by the name of Ideal Living, which is located at 14724 Ventura Blvd. On February 7, 2023 at approximately 1230 hours Spiegel had a meeting with an employee by the name of Myra Nishizaki (Suspect-1) at his workplace. During the Nishizaki spoke with Spiegel and demanded that Spiegel pay her money in the amount of the company's worth. Spiegel estimated his company to be worth in excess of $100 million dollars and it is a company that designs and sells air and water purifiers in some cases to high end clients.

Nishizaki stated to Spiegel if he did not comply with her demands for the money, she would release information that would represent Spiegel and his company negatively. Nishizaki specifically would release information that Spiegel had previously paid bail money for a person arrested on charges for illegal sexual activity with a minor. Information would also be released that the same person Spiegel paid that bail money for later fled the country and Spiegel assisted him in doing so. Nishizaki also threatened Spiegel that she would release more information that his company financially supports Radha Madhav Dham (previously known as Barsana Dham). Nishizaki alleged that Spiegel and his wife are members of this non-profit Temple that is of Hindu culture however, Nishizaki identified this Temple as a cult. Specifically she alleged how this Temple and it's leadership have been involved in child molestations and rapes of women.

After this meeting with Nishizaki her boyfriend David Najar (Suspect-2) arrived at his office building approximately two hours later. Najar started banging on Spiegel's office door while he was in a meeting with an executive. Najar then entered the office without permission and started yelling and cursing at Spiegel. Najar then stated to Spiegel that Nishizaki needed to be paid the money or all of the previously stated allegations would be publicly released. Spiegel then advised Najar that the police were contacted and he needed to leave. Najar did leave and Spiegel chose to cancel the police response.

During the interview I asked Spiegel if he had ever paid bail money for a person accused of a sexual crime. Spiegel replied that he had and it was a member of clergy from the Temple. After paying the bail money that person chose to flee the country. I also asked Spiegel where the Temple was located and he advised me it was located in Texas. I inquired if he supports a Temple that is of Hindu faith and he replied that he does. Spiegel does not claim to be of any leadership position within that Temple. Spiegel has not terminated Nishizaki yet but planned to the next day (February 9, 2023). All allegations Spiegel claims are false against him and he has not paid any money to Nishizaki. Spiegel had contacted a lawyer who recommended making this police report.

23VER001608

CONTINUATION SHEET

Los Angeles Police Department

PAGE NO.	TYPE OF REPORT	BOOKING NO.	DR NO.
3	Attempted Extortion		230405485

ITEM NO.	QUAN	ARTICLE	SERIAL NO	BRAND	MODEL NO.	MISC DESCRIPTION (EG. COLOR, SIZE, INSCRIPTIONS, CALIBER, REVOLVER, ETC)	DOLLAR VALUE

Arrest
None.

Injury and Medical Treatment
None

Photographs/Digital Recordings/DICV/BWC
This incident was captured on body worn video by my partner and I. All statements in this investigation are paraphrased and do not contain all statements made. Statements in this report are our interpretation of the statements made. If there is any doubt about the content of the paraphrased statements, reviewers are encouraged to review the video recording of the investigation.

Booking
None.

Evidence
None.

Canvass
None

Additional
Marsy's information provided to Spiegel at scene. Spiegel also provided us with a summary of his statements to us on a word document, and paper copies of an email sent from Nishizaki. The email reads as if Nishizaki is resigning from the company and details specifics mentioned in this report. It states why she believed Spiegel paid bail money for this alleged sex offender, why she believes that the Temple is a "sex cult", and also references off-shore bank accounts that Spiegel has. All documents provided by Spiegel will be attached to this report as pages.

Court Information
My partner Officer Torres (#44739) and I Officer Parsons (#39566) can testify to the details of this investigation.

EXHIBIT 3

Re: Sadly...

Peterpickedapooper <peterpickedapooper@gmail.com>
Sat 9/23/2023 1:37 AM
To:Peter Spiegel <peter@idealliving.com>;Katie Williams <katiew@idealliving.com>

You don't often get email from peterpickedapooper@gmail.com. Learn why this is important

(and now THIS is part of the story. I will tell it sooooo well). bye.

On Fri, Sep 22, 2023 at 5:14 PM Peterpickedapooper <peterpickedapooper@gmail.com> wrote:

This will be my last email to YOU TWO. NOT TO EVERYONE ELSE...just you two. I have given you all the chances to resolve this issue. I have offered a chance to avoid litigation. I have offered you a chance to make things better...to have a better future for everyone. I have offered a chance when I should not offer anything. Peter, I told you that I would be back. I told you to be prepared. I always keep my word. I am extremely powerful with connections all over Los Angeles (from Rick Caruso to Karen Bass to Mark Walter to Jeannie Buss to Kendrick Lamar) and around this country (Eric Dexheimer to Ronan Farrow to my best friend at the Wall Street Journal). The lawsuit is public record. ALL of that which I have shared, you asked my friend to. You told this person that it is "all public record." You challenged us, and I always accept a challenge.

Peter, Katie, I will not stop. I will be at the office for the announcement (outside with a massive sign). There will be a news conference close by (awkward). I have chosen all of this for a reason. Others are ready to canvas your neighborhood and protest in public places...all with, as Peter said, things that are already on the internet. You are right, Peter. It is all available. What is not available is what we found through investigations. THAT is bad. It shows everything: the overlaps between the company and "religious organization," fishy contracts to friends of the "organization," the passport, Allison Conn-Caffaro, Malta, forced tithing, money laundering, RICO, etc... The FBI, IRS, LAPD, Texas Rangers, and others make the rest of your life miserable. You are Trump...with cases going on all over the country. You are Trump...a liar who used shell companies to profit...You are worse than Trump...you allowed for child molestation. Deny it. Try. That is up to American culture to decide, and, from what I notice, they are not forgiving of Peter Spiegels and child molestation.

This is your last chance. You are losing employees based on public information, you will continue to lose influencers, and you will lose your dirty money. Just swallow what's left of your pride and make the future better for everyone. Your house will be there. You will be ok. You will have less anxiety. You CAN NOT launch this thing, Peter. I am right here. I won't allow it. All with, like you said, "public information." But then the other stuff will come out in the news. They will investigate, which will turn into a massive call for all kinds of investigations. You are Trump and Melania but with far fewer supporters.

Answer this email in the next 15 minutes. If not, I will go quiet. I will let everything go on as planned. If so, you have a chance for everything. I will stop. They may sign an NDA, too. Or fly the plane into the building. Enjoy the rest of your life. I would recommend not traveling to India, Austin, Encino, Sherman Oaks, and other places. Think of me as your travel agent.

Just suggestions. If you want to attach sad little lawyers, feel free. I am in the right with "public information." I have "friends" at a company that, as a citizen, I worry about. This is my right. I have rights. So do they. You trampled on our rights, but I won't allow it. I am never afraid, Peter. Never. I am a self-righteous asshole, and you know it. I will not stop. So reply. Call me. My phone is on. Stop this now. It can go away. NDAs. Quiet. I will build things better in the future. It's an investment. Your greatest investment of all: a better future...a more just capitalism...kindness. You believed in this once. Make it so now. Make this investment in education, in the future, and in your wellness. Aren't you wellness experts? 5:30. Then, I really go to work. And I will not respond to you anymore. I am an influencer with immense reach. You should know that.

Do the right thing. For once.

EXHIBIT 27
10-9-24
Nagar
PENGAD 800-631-6989

EXHIBIT 4

From: peterspiegelnews
To: Katie Williams; Peter Spiegel; Michael Sherman; Mary Kaufman
Subject: Re: Scared so scared must protect
Date: Wednesday, September 20, 2023 12:12:05 AM

> Some people who received this message don't often get email from peterspiegelnews@gmail.com. Learn why this is important

I see your lawyer blocked me. I assume that is it. Ok.

On Wed, Sep 20, 2023 at 12:09 AM peterspiegelnews <peterspiegelnews@gmail.com> wrote:
I know what happens in your "situation rooms" and "dinners." I won't allow this. No getting out. Katie and Peter. I will sit here and wait for a response until 3 a.m. Then, I send. I don't want play. Michael and Mary, you see, these people have been doing this shit since the 80s. They are snake oil salesmen. You work for an INFORMERCIAL guy who had the Miracle Blade named by a Swami who molested kids and then skipped to India. I know how it happened. You are working for people who did what is listed below. Y'all want that on your resume? You want that for you Business Litigation practice. Mary, can't wait for your next job interview.

The Daily Beast, *Prakashanand Saraswati, The Fugitive Guru of Barsana Dham*
https://www.thedailybeast.com/prakashanand-saraswati-the-fugitive-guru-of-barsana-dham

CNN, The Hunt with John Walsh, *Guru convicted of abusing followers' children fled justice,* *Updated 4:05 PM EDT, Thu August 13, 2015*
https://www.cnn.com/2015/08/06/us/guru-convicted-of-abusing-followers-children-fled-justice/index.html

Bishop Accountability, Infomercial Executives Help Support Hindu Temple
https://www.bishop-accountability.org/news2008/09_10/2008_09_30_Dexheimer_InfomercialExecutives.htm

American-Statesman, March 20, 2009. Infomercial executives help support Hindu temple. TV marketing execs have long history with spiritual group
By Eric Dexheimer
https://culteducation.com/group/1177-swami-prakashanand-saraswati-shree-swamiji/20067-infomercial-executives-help-support-hindu-temple.html

Texas Monthly, Swami Dearest
https://www.texasmonthly.com/being-texan/swami-dearest/

Arrested Hindu Guru Allowed to Leave Country
Follower Puts up $10 Million to Guarantee Saraswati's Return.

EXHIBIT 12
10.9-24
Najar
PENGAD 800-631-6989

https://www.bishop-accountability.org/news2008/05_06/2008_05_20_Dexheimer_ArrestedHindu.htm

Missing swami may have left Mexico, U.S. marshal says
https://www.statesman.com/story/news/local/2011/05/14/missing-swami-may-have-left/6699889007/

More (and there are still more articles out there beyond these):
https://www.mysanantonio.com/news/local_news/article/Swami-skips-on-11-million-bond-1048981.php

https://www.victoriaadvocate.com/news/state/judge-revokes-austin-area-hindu-gurus-passport/article_b0d037d5-f9f1-5aec-a24e-faa56cee4a55.html

https://www.indiatvnews.com/news/india/swami-prakashanand-sentenced-to-14-years-jail-in-us-7044.html

https://www.chron.com/life/houston-belief/article/Texas-Hindu-guru-convicted-in-molestations-still-1379961.php

https://www.rediff.com/news/report/guru-gets-14-years-for-sexual-molestation-in-us/20110307.htm

https://www.bishop-accountability.org/news2012/09_10/2012_09_26_IndianExpress_SwamiPrakashanand.htm

Videos:

Fox's America's Most Wanted: http://smmercury.com/2011/04/29/video-fugitive-guru-lands-spot-on-america%E2%80%99s-most-wanted/

CNN, The Hunt with John Walsh, *'His kisses got weird'*
https://www.cnn.com/videos/tv/2015/08/04/the-hunt-prakashanand-saraswati.cnn

Channel 8 Austin News, 'Follower offers millions, Hindu guru to leave country'
https://youtu.be/ZKnynhSI3t4

https://youtu.be/m7hwPPpZ2DE

Religious leader convicted of sex crimes disappears
https://www.youtube.com/watch?v=1XLmDTTRdJU

Austin News kxan.com, 'Hays County could keep Swamiji's bond'

https://youtu.be/-Kb1dtZHeAs

Playlist of 15 videos: https://www youtube com/watch?v=JwIGTLTBwLI&list=PLB940F59C99A71D32

More (and there are still more videos out there beyond these):

https://www.youtube.com/watch?v=wVFWQpX_oUk

On Wed, Sep 20, 2023 at 12:01 AM peterspiegelnews <peterspiegelnews@gmail.com> wrote:

The timeline ends tonight. You pushed me too far. Either you offer me some resolution or mediation right now, or I stay in this hotel room all night, sending emails and making phone calls. Ronan runs in the morning (EST). Was the blank email a sign of something? Or a scare tactic? The latter is soooooooo boring.

On Tue, Sep 19, 2023 at 11:59 PM peterspiegelnews <peterspiegelnews@gmail.com> wrote:

Katie,

Now I am so scared that your scary lawyers are going to lawyer me that I must speak to Viv, Dr. Z and send the email to Eric and LA Times (really that is easy. I just call my sis. Did you know she is married to the grandson of the founder of the LA Times? Isn't that cool?) now. I must make sure this gets out before you do more damage. Mary, have you heard about how many children were raped? Do you have children? Michael, do you often defend this kind of case? Do you have children? You do biz litigation? I hate Columbia. Mediocre school. Awful people (no offense. but good for white people, soooooooo).

EXHIBIT 5

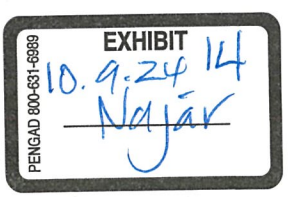
Let's grab lunch and talk. Public place. Just me. We can discuss this unfortunate situation. Cool?

On Mon, Sep 18, 2023 at 3:03 PM peterspiegelkripalu <peterspiegelkripalu@gmail.com> wrote:
I see who you forward it to. I think you made your decision. By the way, check out the website that will be your legacy: https://peterspiegelswami.com. If it doesn't work when you click it, type it in. This doesn't even include what we have discovered. Ohhhhh man. Speaking of John Oliver, he might like this.

On Mon, Sep 18, 2023 at 2:36 PM peterspiegelkripalu <peterspiegelkripalu@gmail.com> wrote:
Just know that I see all the activity going on with the other email. KNOW that. I am no sucker. I am smarter than you. Way way smarter. Peter, you can send it to whoever you want. Try to get out of this. You can't. I have had no response. Neither has the lawyer (which might be a bad idea. He is...uh...tough). You are desperately trying to get out of this. I see you scrambling. If you want to "fight" this...try. Try to explain what happened in Austin when cult shows are on every network. Yours happens to have some extra insanity...Kripalu....he is still on your website and social media, Peter!!! Do you remember Eric Dexheimer from the Statesmen? He was really obsessed with finding out what happened to you, like crazy. What are you considering...suing me? Try it. I already have you on defamation, and then I will tell MY side of the story. With links. Big fat links. A book. New information that includes dirty FACTS. So keep scrambling. This is taking too long, and my patience is wearing thin. I see where this email is going. You are trying to Trump your way out of this. It only adds to the story.

Peter, if you think you are on some higher ground and want to make it about Hinduphobia...I don't think "Peter Spiegel" will be seen as the champion. If you think you are going to attack me...I don't think your story will beat mine. You will look petty and even more disgusting. Checkmate. You know it. I am getting tired of waiting for a chat between old friends. That's all we are, Peter. I don't even have the same lawyer. You don't know where I am and what I have, but you should know this is not a threat. These are facts. Are you trying to explain it all away to the influencers? No chance. Do you have Helen in the "situation room"? I know all about that. I know what happened at the dinner. Someone cracked. This is really really bad. The passport, Peter. It is traceable now. It is really bad. I expect a response today. Or we will do it through "litigation"...right, Peter. Countersue, I dare you. Call the police...I have some things to tell them (especially The Rangers, who have been wondering for a decade). The FBI? I wouldn't if I were you. Really. Checkmate. Do you think I did this without thinking? You know that I am smarter than you. You always knew it. You hired weak people, Peter. I am strong. Like bull.

I have a feeling these people are not above an NDA to make this all stop. If not, who cares? I like the other way better. I am a great storyteller, and boy, do I have a story to share. But NDAs exist.



It's really a story of capitalism run amok, funding a cult. It's really a story of Trump and greed. It's really a story of fake systems and institutions funded by garbage. It's about the Guru-to-child molestation pipeline (this will be international. I hope you will be ok with that). But then he got some products that work (25 million dollar profit. We have all of it). He went too far. He thought nobody would notice. #MeToo is worse than ever. Search Russell Brand...do you think you are worse? You are.

Episode 1: Peter looks for "spiritual growth" and meets the Maharishi and some other fools
Episode 2: JKP and Prakashanand: an unholy alliance that needs some $$$$. Hey, let's start some infomercial garbage to fund this place. Let's get Italian marble. Let's have all of the garbage in Austin, even telling the IRS that you want to be tax-exempt.
Episode 3: The Miracle Blade. This one people are really going to love: how you stole it, how the swami NAMED it. American culture will eat this up. Might be the most popular episode
Episode 4: The molestations. The sexual assaults. We have the families, Peter. The Tonnessons. OMG. So cruel. He made your table. There are so many victims that will come out.
Episode 5: The trial. This is where things get ugly. Your "deal". The "I don't know". The lies.
Episode 6: The escape. I found it all. ALL of it. 4 or 5 members helped with the passport. The account
Episode 7: Indian Child Sex: The Guru Pipeline. Kripalu. This one I really want to tell. This is the one where India gets involved. Remember what happened to Kripalu? He ascended to heaven with a smile on his face and a dent in his head. I let India deal with this aftermath. Did you know that we found that Kripalu had raped his entire town by the time he was 24. Facts, Peter. Just facts.

We will get picked up for Season 2, when we discuss the businesses, the compounds, and the forced tithing. We have this one story when you forced a woman to take out money from her child's ATM account. We have the eating cookies and swings. YOU THINK YOUR INFLUENCERS WILL THINK THIS IS COOL. You didn't sue Karen for defamation. Try me.

Lastly, the website is just facts (I've updated with you feeding a cardboard cutout of Kripalu. That will be great in the articles/documentary [no plausible denial]. Links are to other links on the internet. So, I see you thinking, but you can't stop it. Ask John Oliver. It will only make you look worse. Checkmate. Btw, how is work today? You telling everyone to avoid me? Mary-ing me? That won't work.

EXHIBIT 6

peterspiegelkripalu
Peter Spiegel , peter@pspiegel.com
Tue, Oct 10, 2023, 6:48 AM

I see you looking at this email. The guy kept trying to draw you out, and you decided on EXTORTION? You are an idiot. A fool. Can you extort a murderer when you know he did it? The guy was drawing you out...crumb by crumb. Making you do all of this. You are a fool. A fucking fool. You made him angry. You realize that when this comes out in just a little bit...all of your fucking private investigators and lies will be seen by the world. You defamed that guy again. Second wave begins. Sadly, we won't make it to the TRO hearing. Hey, dumbass, you included all the information that was public. Our lawyers are laughing soooooooooo fucking hard. You won't believe the **manly** we secured as an attorney for ALL victims. You think it's a threat that the guy was going to tell the media? Did you? Do you? Ask yourself if that is a threat, creep. It's all happening now. So is it a threat, bitch? Second wave. Second wave. It will get a bit choppy on your boat. Enjoy work tomorrow.

PENGAD 800-631-6989
EXHIBIT
10.9.24 19
Nagar

EXHIBIT 7

092623

23VER00160

From: Peterpickedapooper <peterpickedapooper@gmail.com>
Sent: Wednesday, September 20, 2023 6:01 PM
To: Katie Williams
Subject: Re: you should call me

Follow Up Flag: Follow up
Flag Status: Flagged

> You don't often get email from peterpickedapooper@gmail.com. Learn why this is important

Another influencer is on deck. When will this stop? Think double the Bond (James Bond?). It will allllllllllllll stop. Immediately. You will go back to life. NDA. Everything will go away. You and Peter can live a life. Otherwise, your neighbors? Austin? Do it.

On Wed, Sep 20, 2023 at 3:41 PM Peterpickedapooper <peterpickedapooper@gmail.com> wrote:
I am picking one influencer at a time. I found a list. Dr. Viv, Dr. Jess, Crunchy Mama...you can stop this. Next is Just Ingredients, then Aspery, then Clinton doctor, then QAnon, then then then.... You think you can convince them all after the press conference?

On Wed, Sep 20, 2023 at 3:37 PM Peterpickedapooper <peterpickedapooper@gmail.com> wrote:
Katie, you should call me at 626-755-4278. Let's stop it before it gets worse for the company. I'll give you 10 minutes. I have a big interview about to start.

PENGAD 800-631-6989
EXHIBIT 23
10-9-24
Najar

23

EXHIBIT 8

092623

Date: September 22, 2023

Transcribed Voicemail 1684

Hi Peter, it's David. It's great to talk to you. Hope everything is going well. I saw that uh things are going well in the, in your backyard, in the compound as I like to call it. I see the B2B is going. Congratulations on the B2B. Uhm, I just have to tell you though, that B2B, for, this is my advice I just give to anybody, because I, you know, I used to work in, as a consultant for you, is to be careful because the B2B people ask, our schools ask, are you involved in lawsuits. And I just think that you might have to answer truthfully, but by that time it could be that it doesn't really matter. Uhm Peter, give me a call at this phone number, its 626.755.4278. I'm not afraid. Uhm you know Peter, anything that you try to do to me, uhm, you know, if you threaten me in anyway, cause I'm not threatening you at all. I'm your friend, I think you're great, (snicker) and its because I have to, really, I have to. For the good of the world, uhm, I have to go forward. What I'm trying to do is to make sure that it all stops here. That everything that is happening at that place stops. Uhm you know what you're doing to people, it has to stop Peter, it has to. And I hope your recording this is that I would love to have this played in the documentary. So, if you would please record it, uhm I'd really appreciate it, and but Peter, uhm, this is it. This is it. You have until tomorrow, and I have everything set up. They don't know anything about it. I haven't said who they is, cause it's just me. And there's nothing I'm afraid of. I have security, you don't know where I am. Uhm, cause your dangerous, you're a dangerous man, you've hurt people, and ah, so give me a call. Uhm, you really only have tonight. You really do Peter, because Peter I'm going to call David Asprey, I'm going to call all of them, ah I have their phone numbers Peter, and you can say oh your defaming me. No, I'm going to show you what's online Peter, just what's online, just what's online. Cause I'm sure #metoo doesn't matter anymore. I'm sure it'll be fine; all your influencers should be fine with what you've done in the past. But we have also found some new things Peter, some really, really bad new things and I'm not, you know, I'm not threating you there just appear to be facts so were just gonna turn them over to the authorities and the authorities are gonna be really freaked out by this, I mean, I'm like, (laughter-chuckling-snickering). So, so anyway Peter, give me a call back because at tomorrow at 3:00 O'clock, I'm, I have an appointment and that it'll be it. Then I'll call all of your influencers, I will. the west side will be drawn attention to.

PROOF OF SERVICE

STATE OF CALIFORNIA, COUNTY OF LOS ANGELES

At the time of service, I was over 18 years of age and not a party to this action. I am employed in the County of Los Angeles, State of California. My business address is 11766 Wilshire Boulevard, Suite 750, Los Angeles, CA 90025.

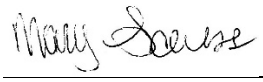
On February 7, 2025, I served true copies of the following document(s) described as **DECLARATION OF PETER SPIEGEL IN SUPPORT OF MOTION FOR FINANCIAL DISCOVERY OF DAVID NAJAR** on the interested parties in this action as follows:

Benjamin Taylor, Esq. *Attorney for David Najar*
The Taylor Law Firm
1880 Century Park East, Suite 714
Los Angeles, CA 90067
Email: btaylor@taylorlawfirmpc.com
Telephone: (310) 201-7600

BY E-MAIL OR ELECTRONIC TRANSMISSION: I caused a copy of the document(s) to be sent from e-mail address MSanks@khiks.com to the persons at the e-mail addresses listed in the Service List. I did not receive, within a reasonable time after the transmission, any electronic message or other indication that the transmission was unsuccessful.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

Executed on February 7, 2025, at Los Angeles, California.



Mary L. Sanks

KINSELLA HOLLEY ISER KUMP STEINSAPIR LLP
11766 WILSHIRE BOULEVARD, SUITE 750
LOS ANGELES, CALIFORNIA 90025
TEL 310.566.9800 • FAX 310.566.9850